

Firebird Café Menu February 2013

Monday	Tuesday	Wednesday	Thursday	Friday
				2/1 Firebird, Chef Salad, Toss Salad, Mixed Veggie, Fruit Medley Fresh Fruit
2/4 Shadow day Sweet n Sour Chicken/rice, Chef Salad, Toss Salad, Green Beans, Pears, Fresh Fruit	2/5 Early dismissal Philly Steak Sub, Pasta Salad, Toss Salad, Broccoli, Pears, Fresh Fruit	2/6 Sloppy Joes/bun, Chef Salad, Toss Salad, Baked Beans, Applesauce, Fresh Fruit	2/7 BBQ Chicken Sandwich, PB & J, Toss Salad, Corn, Pineapples, Fresh Fruit	2/8 Firebird, Chef Salad, Toss Salad, Veggie Medley, Mixed Fruit, Fresh Fruit
2/11 2 Chicken Fajita's Chef Salad, Toss Salad, Corn, Pineapples, Fresh Fruit	2/12 Fat Tuesday Meatball Sub, Taco Salad/nacho's Toss Salad, Carrots/Peas, Pears, Fresh Fruit	2/13 Ash Wednesday Fish Sandwich, Tuna Salad, bun or crackers, Toss Salad, Green Beans, Mandarin Oranges, Fresh Fruit	2/14 Valentines Day Chicken Strips, Chef Salad, Toss Salad, Baked Beans, Peaches, Fresh Fruit	2/15 Mac n Cheese, Egg Salad/bun or crackers, Toss Salad, Veggie Medley, Mixed Fruit, Fresh Fruit
2/18 Presidents Day No School	2/19 Chicken Patty/Bun, Chef Salad, Toss Salad, Baked Beans, Mandarin Oranges, Fresh Fruit	2/20 Grill Cheese, Chef Salad, Toss Salad, Corn, Peaches, Fresh Fruit	2/21 Pulled Pork Sub, PB & J, Toss Salad, Broccoli, Pears, Fresh Fruit	2/22 No School Shadow Day
2/25 Chicken ala King/ Rice, Chef Salad Toss Salad, Peas/Carrots, Pears, Fresh Fruit	2/26 Hamburger, Cheeseburger, PB&J, Toss Salad, Baked Beans, Pineapple, Fresh Fruit	2/27 Turkey Club Sub, Chef Salad, Toss Salad, Peaches, Corn, Fresh Fruit	2/28 Taco's, Chicken Salad/bun or crackers, Toss Salad, Pea's/Carrots, Mandarin Oranges, Fresh Fruit	March 1 st Mac n Cheese Chef Salad, Toss Salad, Green Beans, Mixed Fruit, Fresh Fruit

Menu is subject to change without notice. Thanks for your understanding.

Daily lunch includes: 1 main item, 2 cups fruit & veggies, ½ pt. of milk 1% or fat free, and wheat or whole grain bread.

Daily lunch \$3.25. A lunch pass is \$13.00, (5 days) checks made out to D.O.C. - Use when needed.

This institution is an equal opportunity provider and employer